

RACE REGISTRATION PACKAGE

2010 Rio Tinto Alcan Dragon Boat Festival
JUNE 19 & 20, 2010

Creekside Park & False Creek
Vancouver, BC Canada



DRAGON BOAT

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The Canadian International Dragon Boat Festival Society

110 Keefer Street Vancouver, British Columbia Canada V6A 1X4
P 604 688 2382 F 604 677 2147 www.dragonboatbc.ca

RACING PROGRAMS

RACE REGISTRATION PACKAGE

**2010 Rio Tinto Alcan Dragon Boat Festival
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Creekside Park & False Creek
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Dear paddlers,

At this time of year, teams are starting to plan for the next paddling season. This involves, among other things, recruiting paddlers, selecting races to enter, scheduling practices, reviewing coaching plans, collecting monies, etc. I would like to recognize, and thank, the people on your team for doing all the little things that make your team successful, cohesive and fun.

Next year, for the first time, Dragon Boat Canada will be holding Nationals and National Team Trials in B.C. These events will take place July 2-4, 2010 in Whistler. Competitive teams should consider entering a team for Nationals. It will be a great experience, racing and meeting the best teams from across Canada. As age category divisions are part of Nationals, the **2010 Rio Tinto Alcan Dragon Boat Festival** will include one off age category races. If your team meets the age criteria for one of the age categories, you should consider entering your team at one or both events. Or if you meet the age criteria as an individual, you might think about forming a team for the one off age category races at the Rio Tinto Alcan Dragon Boat Festival and perhaps entering that team for Nationals. For 2010 (a qualifying year for those competing in the National Team Trials for the World Championships in 2011), the age category divisions will be: 39+, 49+ and 59+.

Some of you may have noticed the 10 person dragon boats at Dragon Zone; I encourage your team to try these boats. They make practices more competitive as your team can practice head to head. Good luck to everyone for the 2010 season.

Greg Lamb, *Race Director*

2010 Rio Tinto Alcan Dragon Boat Festival

MISSION STATEMENT

The Canadian International Dragon Boat Festival Society (CIDBFS) fosters learning and exploration of Canada's diverse multicultural heritage. This is accomplished through the presentation of performing, visual & culinary arts and dragon boating.



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RACING PROGRAMS

A message from the Race Registrar

The 2010 Rio Tinto Alcan Dragon Boat Festival (RTADBF) will be held June 19-20, 2010, at the east end of False Creek at Concord Pacific Place & Creekside Park.

Online registration for all events will be available in mid November 2009. Please note that teams must register for the festival in order to register for any of the regattas. If space is available for regattas closer to the event date, this criteria may be waived. Please contact me.

The Earliest Bird Registration deadline is December 15, 2009. Teams who have registered and paid by this date will be given one free entry into the Dragon Zone Spring Sprint Regatta on May 1, 2010 (not applicable for those purchasing all inclusive packages).

The second Early Bird Registration deadline is January 31, 2010. After January 31st, the regular registration fees apply. Last day to register for the festival is June 6, 2010 unless we reach maximum capacity prior to that date. Please read through this information package as it has details about the festival, the site and the races. Registration fees must be paid in full for your registration to be considered complete.

In 2010 we will once again host the Dragon Zone Junior Regatta, the Dragon Zone 500m Regatta and the Dragon Zone Last Gasp Regatta. We are also introducing the Dragon Zone Spring Sprint Regatta on May 1st, featuring the 10-paddler dragon boats.

Special note regarding Dragon Zone:

For the period of January 4 to March 1, 2010 the regular Dragon Zone location will be closed due to Vancouver 2010 activities. During this time the boats will be relocated to False Creek Yacht Club, 1661 Granville St in Vancouver, right across the water from Granville Island (www.fcyc.com). This will be a good time for our users to evaluate the location as discussions are underway to open a satellite operation of Dragon Zone at the yacht club in the future. Please contact the Dragon Zone Coordinator at coordinator@dragonzone.ca for more details.

Leah Nagano

Leah Nagano, Race Registrar
2010 Rio Tinto Alcan Dragon Boat Festival
registrar@dragonboatbc.ca
www.dragonboatbc.ca

THANK YOU

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for their continuing support.

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2010 Rio Tinto Alcan Dragon Boat Festival
JUNE 19 & 20, 2010

RACING PROGRAMS

2010 EVENTS (See fee schedule for costs.)

Dragon Zone Spring Sprint Regatta

SATURDAY, MAY 1, 2010

Races will be in the new 10-person dragon boats.
Race format to be confirmed.

Dragon Zone Junior Regatta

SATURDAY, MAY 15, 2010 (Date TBC)

Each team will have a minimum of 3 races.

Dragon Zone Regatta

SATURDAY, JUNE 5 and SUNDAY, JUNE 6

SAT 9-noon: Competitive & Rec A teams

SAT 1-4pm: Rec A & B teams

SUN 9-noon: Junior & Rec B& C teams

SUN 1-4pm: Rec C & D teams

Each team will have three 500m races during their scheduled session. Recreational teams may choose to race either Saturday OR Sunday, but must schedule this through the registrar by May 15. All other teams will be scheduled as per the above. Registration is on a first-come, first-served basis, limited to 96 teams (i.e., 24 per session).

Dragon Zone Last Gasp Regatta

SATURDAY, AUGUST 28, 2010

Race format to be confirmed.

Rio Tinto Alcan Dragon Boat Festival Weekend

SATURDAY, JUNE 19, 2010

Seeding and ranking heats for Mixed, Women's and Junior divisions, Specialty Cup races,
Open division qualifying heat.

SUNDAY, JUNE 20, 2010

Semi-finals & championship races for all teams.



2010 CALENDAR OF EVENTS & DEADLINES

January 31	PAYMENT DEADLINE – Last day to register at Early Bird prices – ALL LOCAL TEAMS
March 31	Last day to withdrawal from Festival and receive refund (less 25% admin fee)
April 21	REGISTRATION DEADLINE – Last day to register for Dragon Zone Spring Sprint Regatta
May 1	NEW EVENT – Dragon Zone Spring Sprint Regatta (separate fee applies)
May 5	REGISTRATION DEADLINE – Last day to register for Dragon Zone Junior Regatta
May 15 (TBC)*	EVENT – Dragon Zone Junior Regatta – JUNIOR TEAMS ONLY (separate fee applies)
May 26	REGISTRATION DEADLINE – Last day to register for Dragon Zone Regatta
May 31	SUBMISSION DEADLINE – For David C. Lam and Rio Tinto Alcan Sustainability Awards
June 5 & 6	EVENT – Dragon Zone Regatta (separate fee applies)
June 6	REGISTRATION DEADLINE – Last day to register for Rio Tinto Alcan Dragon Boat Festival
June 18 – 20	Dragon Zone closed for local team practices (re: festival setup)
June 18	SUBMISSION DEADLINE – Last day to submit team waivers (ALL LOCAL TEAMS)
	Opening Ceremonies, including Dragon Boat Blessing Ceremony (festival site, time TBA)
June 19 & 20	EVENT – Rio Tinto Alcan Dragon Boat Festival
June 20	Race Awards and Medals Presentations (throughout the day, location and schedule TBA) Paddlers' Party (location and start time TBA)
August 28	EVENT – Dragon Zone Last Gasp Regatta

Note: Please pay online by credit card at time of registration or mail your payment to our office. We do not accept payments by phone. If you would like to make your payment in person, please call the office to make an appointment.



2010 RACE DIVISIONS

ADULT MIXED DIVISION

- Boat crew must be comprised of at least 8 male paddlers and 8 female paddlers, with the balance of the crew being either gender.
- Paddlers and drummers can only be on one Mixed team roster (Open & Women's Divisions excluded).
- A steersperson may steer for more than one Mixed team (but not paddle or drum). However, if there is a scheduling conflict, a team is required to provide an alternate steersperson or risk the chance of not racing.
- An adult team (19 years or older) may not have a Junior on board.
- The Team Manager of an adult team must be 19 years of age or older and cannot be part of the racing crew and must be on shore (Local Teams only; Visiting Teams are exempt from this rule).

WOMEN'S DIVISION

- All paddlers and drummer must be female.
- Steersperson can be either gender (unless qualifying for DBC Nationals or Club Crew Championships, in which case the steersperson must be female).
- May be formed as a composite team with paddlers from registered adult mixed teams.

OPEN DIVISION

- All team members can be either gender.
- May be formed as a composite team with paddlers from registered adult mixed teams.

JUNIOR DIVISION

- Boat crew must be comprised of at least 8 male paddlers and 8 female paddlers, with the balance of the crew being of either gender.
- Manager must be 19 years of age or older.
- All racers and drummer must be under the age of 19 but at least 12 years old, with the exception of the Steersperson, as of the 1st Official Regatta date and must be currently enrolled in a Secondary school.
- **NEW** Steersperson can be an Adult for a Junior team.
- Crew members below the age of 19 require their parent or guardian's consent in order to participate and compete (see Waivers here: <http://dragonboatbc.ca/racing-downloads.html>).
- Individuals, who have graduated from high school but have not reached the age of 19 by the Festival date, may join a Junior team.
- Individuals who are 19 years or older are to join Adult crews.

AGE CATEGORY DIVISIONS

- Dragon Boat Canada will be holding the National Trials at Whistler, July 2-4, 2010. The Festival will be holding one-off races for teams in preparation for the National Trials. Teams can be made up to conform to the age categories for these one off races.
- For all Senior Divisions, paddlers must be of age before June 1. DBC has dropped the age by one year for qualifying purposes, both for National Trials and Club Crew World Championships.

- 39+ Senior
- 49+ Grand Dragon
- 59+ Great Grand Dragon

SENIOR CUP RACE

- **REVISED** For the Senior Cup Race that the Festival has held, the age will be changed to 60+ from 55+.

Note: For 2010, the age criteria for the Senior's Cup Race is 59+, by June 1, 2010



2010 RACE FORMAT

ADULT MIXED DIVISION - BASIC FORMAT

All teams get 4 races: 2 heats on Saturday, 1 semi and 1 final on Sunday.

All races have 8 boats.

Championship Finals for Competitive A-B-C-D, Recreational A-B-C-D-E.

Consolation Finals for Recreational divisions.

Total number of divisions will depend on number of registered teams.

For a more detailed description of race format, please email the Race Registrar. Race format is subject to minor changes depending on number of registered teams.

WOMEN'S DIVISION

All teams get 4 races: 2 heats on Saturday, 1 semi and 1 final on Sunday..

All races will have 6 boats.

Space limited to 36 teams, 6 divisions (6 crews per division).

OPEN DIVISION

All teams get 2 races with a maximum of 8 boats per race.

Space limited to 16 teams.

1st – 4th go to Championship Final; 5th to 8th go to Consolation Final.

JUNIOR DIVISION - FREE REGISTRATION FOR 2010

All teams get 4 races: 2 heats on Saturday, 1 semi and 1 final on Sunday.

Registration fees apply for all other junior events (see the 2010 Registration Fees and Fee Schedule).

2000M GUTS & GLORY RACE

Adult Mixed - Last race of the day, Sunday

- 16 teams total, from Competitive A & B Championship Finals.

Women – Last race of the day, Saturday

- Top 8 women's teams after Saturday's women's division races

RACE DOCUMENTS

Waivers- A Waiver is required to participate in all RTADBF events (this includes our regattas and the festival itself). Waivers must be submitted at the first RTADBF event your team participates in. If you need to make changes to your team waiver between events, please submit them on an RTADBF Adult Additions/Deletions Waiver.

Final Team Waivers for local teams are due on the Friday of festival weekend (see Calendar of Events and Deadlines). Visiting teams must submit waivers no later than Saturday morning, at least one hour before their first scheduled race.

Adult teams- Complete the RTADBF Adult Team Waiver only (no individual waivers).

Junior teams- Complete one RTADBF Junior Team Roster and have each team member complete an RTADBF Junior Waiver and have it signed by his or her parent or guardian.

RACE SCHEDULES

Race schedules are available approximately one week prior to each event.



RACE REGISTRATION PACKAGE

2010 Rio Tinto Alcan Dragon Boat Festival
JUNE 19 & 20, 2010

RACING PROGRAMS

RACE RULES

Race rules can be found under "Official Rules & Regulations" here:
<http://dragonboatbc.ca/racing/downloads.html>

STEERING ACCREDITATION (applies to local teams only)

- To raise the level of safety, prevent injuries due to collisions and damage to the dragon boats and equipment, the CIDBFS and FCRC have introduced a Steering Accreditation Process and Safety Manual. The process consists of attending a steering theory session and taking a practical (on water) test.
- Every local team must have their steersperson complete this process. It is recommended that each team have more than 1 person from their team take this clinic.
- Every steersperson who completes this process successfully will be added to our accredited steerspersons list.
- Only accredited steerspeople are allowed to steer in RTADBF events.

AWARDS, MEDALS & PRIZES

To finish first, or just to finish, that's what all the months of training are about. Awards and medal ceremonies will all be held on Sunday.

The top 3 teams in each championship final will receive medals and a commemorative plaque or award. The top team in each consolation final will receive a commemorative plaque or award.

The winner of the Women's Guts and Glory race and the two winners of the Mixed Guts and Glory race will each receive 50% off of next year's festival registration fee and a commemorative plaque or award.

CIDBFS also bestows three special awards at this time: Rio Tinto Alcan Sustainability Award, the David C. Lam Award and the Governor General's Trophy.

RIO TINTO ALCAN SUSTAINABILITY AWARD This beautiful award is generously donated by the Rio Tinto Alcan Corporation. The Rio Tinto Alcan Sustainability award is given to the team that contributes the most to the sustainability of their community. These contributions can take on many forms and, as such, it is up to each team to interpret and convey their contribution to a healthy and sustainable community. To apply, send a written submission to the Race Registrar at registrar@dragonboat.bc.ca, indicating why your team should win. Submissions must be received by June 10, 2010.

DAVID C. LAM AWARD In 1995, the David C. Lam Award was introduced in honour of the Festival's founding father, Dr. David C. Lam. This award is given to the team which best exemplifies the multicultural spirit of the dragon boat festival. This spirit manifests itself in many forms and as such, is up to each team to interpret their contribution to the community. To apply, send a written submission to the Race Registrar at registrar@dragonboatbc.ca, indicating why your team should win. Submissions must be received by June 10, 2010.

GOVERNOR GENERAL'S TROPHY Inaugurated in 1994, the Governor General's Trophy is given to the team that demonstrates the most sportsmanlike conduct. Submissions are not accepted for this award as it is judged by the race committee and volunteers.



TEAM MEMBER ROLES, DUTIES & RESPONSIBILITIES

Team Manager of every team must:

- Be 19 years of age or older.
- Not be a team member of any other Team.

Team Manager shall be responsible for:

- Team conduct covered under the Official Rules and Regulations.
- Communicating and distributing festival information to all team members.
- Processing and submitting all required team forms, waivers, fees, team name & bio.
- Liaison with the race registrar and/or festival staff.
- Attending all specified meetings and races.

Team Captain shall be responsible for:

- Team conduct when team is on the water or dockside.
- Liaison and communication with Race Officials while team is on the water or dockside.
- Altering or curtailing the practice and the routing of the boat should the weather or water conditions exceed the crew's capabilities or put their safety in jeopardy.
- Taking charge during an accident or mishap
- Reporting to dock or Race Officials any damage to the boat or loss/damage of equipment or boat accessories.
- Ensuring that all changes of crew seating positions or rotations with team members on shore take place only while dockside.
- Attending mandatory Manager's/Captain's meeting if one is held.

Steersperson shall be responsible for:

- Taking the Steering Accreditation Clinic and becoming a "carded" steersperson.
- Standing at all times at the proper steering section of the boat.
- Keeping a lookout for other marine traffic, floating debris, fixed obstacles, lines and teth- ers, rocks and shallows, and all other hazards to navigation.
- Watching for dangerous marine and weather conditions.
- Knowing the correct boat crew commands to call out.
- Knowing how to steer/control the boat to maneuver it so as to avoid colliding with floating or fixed objects and to avoid damaging the dragon boat and any of its attachments in particular.
- Knowing the marine rules of the road and collision avoidance practices when in the proximity of recreational and commercial vessel traffic, as well as while racing.
- Knowing the designated marine areas (prac- ticing, racing, out-of-bounds) and the as- sociated procedural rules for approaching and leaving the dock, warming up, racing down the course keeping within the designated lane, etc.
- Practicing the emergency "crash stop" man- euver with the entire team to avoid collisions or rammings, and establishing effective com- munication signals with the drummer.
- Stopping the boat and signaling to race officials immediately in the event that any crew member(s) suffers an injury or other mishap.
- Being familiar with how to inch the boat for- ward into position at the start line without drifting into an adjacent lane(s).



RACE REGISTRATION PACKAGE

2010 Rio Tinto Alcan Dragon Boat Festival
JUNE 19 & 20, 2010

RACING PROGRAMS

Drummer shall be responsible for:

- Directing the actions of the paddlers in co- ordination with the steersperson to control the movements of the dragon boat in all directions (forward, sideways, pivoting, turning, backing), whenever underway, docking and undocking, starting, racing, finishing and particularly for stopping to avoid collisions.
- Keeping a proper lookout aft (rearward facing direction).
- Complying with the requests of race officials and referees.
- Ensuring the boat is brought into the correct, marked racing lane for competition.
- Ensuring that no noisemakers, whistles, electronic aids or amplifying devices are employed to signal within or communicate with the boat, other than the drum and drum sticks provided.
- Refraining from drumming and screaming whenever the boat is near the residential and live-aboard marina communities situated along the South shore of False Creek, in con- sideration of their peace and quiet.
- Drummers are encouraged to actively beat the drum from the 50 metre mark of the race course entirely through to the finish.
- Drummer and steersperson must both be competent at calling commands to control the boat.
- If either person falls overboard, it will be up to the remaining individual to take charge of the boat and perform an emergency stop.

Paddlers looking for teams / teams looking for paddlers

Paddlers looking for a team and teams looking for paddlers (coach, drummer, steersperson) should check out the Teams/Paddlers Wanted section of our website www.dragonboatbc.ca.

Team Hosting Help

Make the paddlers from other cities and countries welcome by hosting them during their visit! Visiting teams wishing to be hosted by a local team and local teams wanting to host a visiting team, should contact the Race Registrar. Hosting a team involves having team tents together in Racer's Village, answering questions about the Festival, city, restaurants, clubs, shopping, etc.

Buyer Beware

All team contact information is kept confidential by the festival except where official business requires. If you receive any calls or correspondence from suppliers claiming to be "Official Suppliers", please notify our event administrator at: admin@dragonboatbc.ca.

Team sponsorship & identity

- CIDBFS retains all rights to advertising, sponsorship and commercial representation for the event.
- Festival Sponsors are sponsors who are directly supportive of the festival, such as cup and boat sponsors, contributors, etc; they will be acknowledged and represented as Sponsors of the Dragon Boat Festival and Races.
- Team Sponsors are sponsors supportive of individual teams and may not be considered a sponsor of the festival; CIDBFS is not obligated to individual team sponsors and may refuse any commercial representation on the festival site and on the water venue.
- Where the involvement of an individual team sponsor is determined not to be in the best interest of CIDBFS or the festival sponsor(s), CIDBFS may refuse entry of the supported team to the event unless an alternative team sponsor is acceptable.
- Commercial or promotional activities such as distribution or sales of materials or goods for the benefit of any team sponsor or team organization will not be permitted.
- Team sponsorship: Representation and promotion of team sponsor(s) will only be permitted subject to prior agreement with CIDBFS. Representation of the organization responsible for the team and its sponsor(s) shall be limited to: a) Clothing such as team uniform, hats, headbands, pins, etc. b) One freestanding team flag not exceeding twelve (12) square feet in area. c) Representation in the racers' village subject to the approval of CIDBFS and to the standards established for that portion of the site.



RACE REGISTRATION PACKAGE

2010 Rio Tinto Alcan Dragon Boat Festival
JUNE 19 & 20, 2010

RACING PROGRAMS

- CIDBFS will, where appropriate and possible, acknowledge the indirect support of the event by team sponsors.

Festival House Rules

- All individuals on or associated with a team are asked to refrain from playing warm-up music loudly, bag piping, drumming and the like adjacent to the festival performance stages and crew marshalling & dock areas, where such noisier expressions of team enthusiasm are likely to interrupt or interfere with the festival cultural programs, musical presentations, artistic proceedings and race operations.
- Teams are not permitted to sell t-shirts or other items on or near the festival since this contravenes contract conditions with festival sponsors and suppliers. Some exceptions are made when appropriate. Please email the event administrator at: admin@dragonboatbc.ca with any questions.
- Parking: each team is given one free parking pass for near-site parking. Team parking areas will be designated and announced to teams once site logistics are finalized. CIDBFS, its staff and volunteers are not responsible for team vehicles parked in the team designated parking areas or any other parking areas (i.e. Parking violation tickets, towing charges, damage or theft to vehicles). All other participant parking is the sole responsibility of the individual.
- CIDBFS, its staff and volunteers will not be responsible for lost or stolen articles left in any area of the site including the racer's village.
- Misrepresentation: please report any vendors or persons claiming to be affiliated with CIDBFS and authorized to sell products, services, plans or other solicitations. In the past, individuals have claimed to be authorized to take videos of races in order to sell them to teams. Solicitation or other unauthorized activity is not permitted at the festival.
- Only those wearing racer's accreditation will be allowed entry to Racer's Village. Exceptions will be made for parents of junior team members and those paddlers requiring additional support. These supporters must be accompanied to Racer's Services by someone with racer accreditation to have their hand stamped for entry into Racer's Village.

First Aid

- Teams are strongly encouraged to have a team first-aid kit made up and available, with such supplies as bandages, treatment for blisters and other common paddling ailments, ice packs, sunscreen and sunburn lotions, etc. First-aid attendants are onsite during the Regattas and Festival weekends.

2010 RIO TINTO DRAGON BOAT FESTIVAL

REGISTRATION FEES AND FEE SCHEDULE *(All Prices include GST)*

CATEGORY	BY DEC 15 *	BY JAN 31	AFTER JAN 31
LOCAL TEAMS			
Adult Mixed	\$1606.50	\$1701.00	\$1890.00
Women's	\$1606.50	\$1701.00	\$1890.00
Women's – Composite Teams ¹	\$525.00	\$525.00	\$525.00
Junior	FREE	FREE	FREE
Seniors (55+) ²	\$892.50	\$945.00	\$1050.00
Open ³	\$210.00	\$210.00	\$210.00
VISITING TEAMS (Includes overseas)			
Adult Mixed	\$1,050.00	\$1,050.00	\$1,050.00
Women's	\$1,050.00	\$1,050.00	\$1,050.00
Women's – Composite Teams ¹	\$525.00	\$525.00	\$525.00
Junior	FREE	FREE	FREE
Seniors (55+) ²	\$840.00	\$840.00	\$840.00
Open ³	\$210.00	\$210.00	\$210.00

* Includes free entry in Dragon Zone Spring Sprint.

¹ Women's composite teams are made up of members of two or more mixed teams that are already registered in the festival.

² Senior's fees based on all team members (except steersperson) being 55 yrs+.
Senior's Cup Race based on all team members being 59 yrs+ by June 1, 2010.

³ All members of an Open team must be on a mixed team that is already registered in the festival, otherwise additional fees apply.

Registration fees include:

- Registration in RTADBF
- One team tent in Racer's Village
- One parking pass for designated team parking
- 27 racer's passes (26 for team, 1 for team manager)
- **Free entry in Dragon Zone Spring Sprint Regatta if payment received by Dec 15, 2009.**
- Not applicable for All Inclusive Packages.



2010 DRAGON ZONE REGATTAS

REGISTRATION FEES *(All Prices include GST)*

Dragon Zone Junior Regatta - May 15, 2010 (DATE TBC)	
- Junior Regatta (Junior and Middle School Teams Only)	\$157.50
Dragon Zone 500m Regatta - June 5-6, 2010	
- All Teams (Adult, Mixed, Senior, Local, Visiting)	\$525.00
- Dragon Zone Teams (discounted price)	\$262.50
- Junior Teams	\$157.50
NEW EVENT - Dragon Zone Spring Sprint - May 1, 2010 - 10 Person Boats, 200m (Registration is per team of 10 paddlers + up to 2 spares, drummer and steersperson)	
- All Teams (Adult, Mixed, Senior, Local, Visiting) - First Boat	\$420.00
- All Teams (Adult, Mixed, Senior, Local, Visiting) - Two Boats	\$525.00
Dragon Zone Teams (discounted price)	\$262.50
- Dragon Zone Teams (discounted price) for 2 boats	\$367.50
- Junior Teams	\$157.50

NEW ALL INCLUSIVE PACKAGES AND A NEW REGATTA!

Note: If your team has already signed up and paid for Dragon Zone, but you wish to change to an All-Inclusive package, please call 604.688.2382 or email alexis@dragonboatbc.ca and we will adjust.

PADDLES UP PACKAGE 1

All Inclusive/Corporate package for Local Adult Mixed and Women's teams: \$3900.00 *(Includes GST)*

Includes:

- Registration in the Rio Tinto Alcan Dragon Boat Festival
- 1 practice session per week at Dragon Zone during period March 15 to September 30
- 8 sessions with a coach
- Registration in the Dragon Zone 500m Regatta (either June 5 or 6)
- Registration in the Dragon Zone Last Gasp Regatta (August 28)
- Team T-shirts

PADDLES UP PACKAGE 2

- Same package elements as Number 1 BUT with 2 practice sessions per week: \$4400.00 *(Includes GST)*



RACE REGISTRATION PACKAGE

2010 Rio Tinto Alcan Dragon Boat Festival
JUNE 19 & 20, 2010

PADDLES UP PACKAGE 3

- Same package elements as above except coaching NOT included: \$3400.00 (*Includes GST*)
- One practice per week

PADDLES UP PACKAGE 4

- Same package elements as above except coaching NOT included: \$3900.00 (*Includes GST*)
- Two practices per week

Savings between \$300-\$700 if registering for everything separately!

Sign up soon. Limited packages including coaching are available. Early bird discounts do not apply to All Inclusive/Corporate packages.

NEW DRAGON ZONE SPRING SPRINT REGATTA MAY 1, 2010

We are excited to introduce the Dragon Zone Spring Sprint Regatta, featuring 10 paddler Swift Boats, 200 M. This new event will be held on May 1, 2010. The cost is \$400.00 for a team's first boat in the race, \$500.00 for two boats.

2nd ANNUAL DRAGON ZONE LAST GASP REGATTA AUGUST 28, 2010

This Regatta will feature both 10 paddler and 20 paddler races and the cost per team is \$600.00



RACE REGISTRATION PACKAGE
2010 Rio Tinto Alcan Dragon Boat Festival
JUNE 19 & 20, 2010

RACING PROGRAMS

VISITING TEAM PRACTICES

Visiting team practices take place at the race site on Friday, June 18, 2010 between 2 and 6pm. Once you have paid your registration fee, you can schedule your practice by contacting the Race Registrar at registrar@dragonboatbc.ca. Practices are one hour long, starting on the hour or half hour. All teams must be off the water by 6pm. Team waivers (and individual waivers for junior teams) must be submitted prior to your practice. During your practice, please follow instructions given by race officials and volunteers. PFDs must be worn in the proper manner by all crew members. Dragon boats must keep a safe distance away from other marine craft and their wash/wake at all times, and not impede the progress of any other marine craft in its vicinity. Crew rotations will not be permitted while the dragon boat is on the water, all such rotations must be carried out dockside and be pre-arranged with the Dock Master.

DRAGONE ZONE

Dragon Zone is the CIDBFS run practice venue. It is located at the Southeast corner of False Creek beside Science World Aquabus dock. To schedule practices at Dragon Zone, email the Dragon Zone coordinator at coordinator@dragonzone.ca. For more information, including costs, please go to www.dragonzone.ca.

REGISTRATION INFORMATION

Online registration is available at www.dragonboatbc.ca. ALL TEAMS MUST REGISTER ONLINE, regardless of payment method. Registration is on a first-come, first-served basis and will be limited to 128 Adult Mixed teams, 36 Women's teams and 32 Junior teams.

PAYMENT DETAILS

All fees are in Canadian dollars.

Payment can be made by credit card when registering online. Payment can be made by credit card, cash or cheque when made in person or by fax. No phone payments will be accepted.

Cheques should be made payable to: The Canadian International Dragon Boat Festival Society (CIDBFS).

Payment should be sent to:

Rio Tinto Alcan Dragon Boat Festival
Attention: Event Administrator
110 Keefer Street
Vancouver, BC
Canada V6A 1X4

Full payment must be received before deadlines to qualify for early bird and regular registration.
GST Registration #R128714284.

Teams withdrawing from the race must submit a notice in writing to the registrar on or before March 31, 2010 to receive a refund, which is subject to a 25% administration fee. No refund, in whole or in part, will be issued if written notice is received after March 31, 2010.

CONTACT INFORMATION

Greg Lamb – Race Director 604.351.1014 – racedirector@dragonboatbc.ca
Leah Nagano – Race Registrar 604.688.2382 – registrar@dragonboatbc.ca
Dragon Zone Coordinator 604.688.2382 – coordinator@dragonzone.ca
Festival & Race Volunteer Coordinators 604.688.2382 – volunteer@dragonboatbc.ca